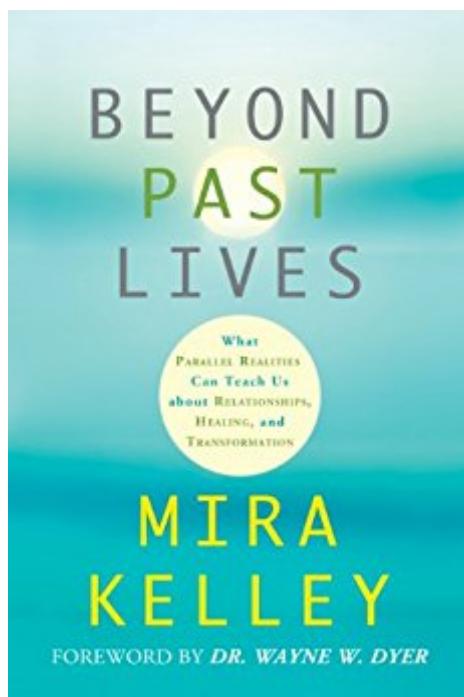


The book was found

Beyond Past Lives: What Parallel Realities Can Teach Us About Relationships, Healing, And Transformation



Synopsis

In this book, regressionist Mira Kelley shares the life-changing lessons she has learned from her clients to help you find support and understanding, and to empower you in your own growth. Mira teaches you how to connect with your Higher Self in any moment to receive guidance. Youâ™ll come to understand how everything around you is just a reflection of yourself, why is it important to forgive, why you have the right to love yourself, and how the Universe always supports you lovingly and unconditionally. The stories contained in these pages will help you discover how to heal your body, mind, and spirit as you learn about the nature of time, karma, destiny, and free willâ"as well as how each choice creates a new reality for you. As you read Beyond Past Lives, youâ™ll see how regression has helped others shift to a reality of health and well-being, and you will be guided to achieve the same for yourself. Prepare for a powerful transformation as you experience the profound lesson of your past lives!

Book Information

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Customer Reviews

As intro, a couple chapters into her book, I sent Mira a detailed question via FB and she was very

kind to answer. In her message back, Mira asked me to review her book and so here goes...In short, I liked Mira's book! Can tell she worked hard on it and there are several eye-opening parts. Just I will agree with other reviewers in saying the book is not an easy read and took me personally awhile to finish. Still, I plan to read it again and to take notes. My suggestions: #1) If you are a fast reader with little patience, go first to Google search and enter: "time, Mira Kelley, youtube"...Top entry will be Lilou Mace's video interview (44min) with Mira. In those 44minutes, Mira verbally covers quickly the main themes presented in "Beyond Past Lives". Actually, I prefer listening to Mira, to reading her. In the interview, Mira goes right to her main points and is wonderful, so very expressive. Other reviewers are correct, Mira's writing style is a bit "all over the map" and I agree with them. Trust me, listen to Mira's words first in the interview...then study this book for the detail. Suggestion #2) Find a local past life regression therapist near you and go through a couple of sessions...Then you can read Mira's book and get a whole lot more out of the concepts and ideas, what she is explaining. Mira has probably done 1000+ regressions by now and to a novice reader with zero background, they just won't have the same experience reading her words. Having had regressions done really really helped this read. Even for me tho, Mira went off the deep end in places. I thought, whew, a novice reader will likely be scratching head here. So I agree with other reviewers...a lot of this is Mira's explanations...and more client narratives would have really helped this book. Even with having had my own past life regressions, part of me wanted just to hear a simple rendition of-> how Mira step-by-step conducts her sessions. So I could compare with how my own counselor helped me. Suggestion #3) Mira's exercise sections are very valuable and follow her instructions carefully, you will help in many ways...Especially Mira makes a GIANT contribution by presenting and documenting about simultaneous time. That is...past, present, future are all happening now. Even tho we live our lives in linear time. A few weeks ago, I listened to Dr. Brian Weiss on George Noory's, "Coast to Coast AM" radio show and he just didn't get into some of the concepts that Mira covers in this book. There is another thing that Mira's book does...many of the concepts in the Seth books written by Jane Roberts...Mira shows real life (regression) examples in her book. Particularly when Mira discusses simultaneous time, she is illustrating what was written years ago (1970, Seth Material and 1972, Seth Speaks).

I found "Beyond Past Lives" to be quite a helpful as well as unique book. Mira Kelley has gotten a handle on what are to me all of the most important issues in living a spiritual life, and she presents them in an insightful and powerful way. On the surface, there seems to be many various topics that happen to also be covered by other contemporary and traditional spiritual writers. However, this

book presents some breathtaking and bold new directions that touched me in a real, practical and immediate manner. Mira Kelley has a deeper sense of how many important subjects (like past lives, karma, time, forgiveness, healing, life purpose, etc.) really meaningfully come together. I have finished reading the book once, and am now rereading it. The experiences that I have had from reading this book, combined with listening to Mira's free Trust Meditation (available online), as well as undergoing actual regression experiences with her recorded directions available through Audible books and other similar ones such as ones that are available from Brian Weiss, have already made a change in me that is deep and very transformative. If you read this book, I recommend that you be prepared to try the suggested exercises and experiences and see where they lead for you. Dr. Wayne Dyer, who wrote the forward to the book, had very deep experiences working with her, and he feels that she is one of the truly great resources we have today for finding the deeper truth that lies within all of us. For me, thanks to this book and the experiences I have had from doing its suggested practices, there have already been many wonderful and surprising discoveries about the nature of who I really am. I am so grateful to have discovered this book, and also look forward to attending her upcoming workshop that she is giving this fall.

I was introduced to this book "Beyond Past Lives" by Mira Kelley through the U.S. recommendations (probably because of my previous purchases of afterlife books and connecting with the higher self). I purchased this book because it pertains to the higher self, and one of my personal goals is to continually facilitate a stronger connection with my higher self and project the energy of my soul (being my higher self) more frequently on a continual basis. In this book, Mira Kelley touches on how she came to have the chance to nurture her spiritual side some time after she was around 9 years old. Some of the other following details are in this book: Pages 11-32: There is information on parallel lifetimes and the case study of one of her clients who died in 1978, but was also living a situation where he had been born in 1950. Pages 50-76 (chapter 4): A chapter centered around the topic of conversing with your higher self. Pages 121-136: She shares how consciousness and time are linked and shares her own story of how this relates to her life. An exercise around time is also given to help facilitate perfect timing and much more is included in this book.

Mira's book is an insightful look at the progression of past life/ parallel life study. What started with Brian Weiss, MD "Many Lives, Many Masters" has come a long way, as more and more people have healed, learned and transformed through past life/ parallel life regressions. Mira explains that we don't have past lives we actually have parallel lives, as time is actually linear. While this may not

be an "easy" read, it is far more rewarding as you are forced to truly digest and contemplate each of Mira's chapters. I took it everywhere with me; I wrote notes, and tried the exercises. I would read a chapter and think it over and truly let it sit in- I think that is the best way to read this- and it can become a life-changing novel. I took my time and have felt my thoughts and myself begin truly transform and become more aware, with Mira as my teacher.

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